



## PCIT Within-Agency Trainer Workshop

Participants will learn skills needed to become a Within-Agency PCIT Trainer. Within-Agency Trainers (WATers) are individuals who have received such PCIT training as to be qualified to teach and supervise therapists at their own program or agency, with a scope of traineeship that is limited to their physical location or site.

**Target Audience:** This training is aimed at Masters- or doctoral-level mental health practitioners who are currently licensed in their state, certified by PCIT International, and who have graduated at least 2 cases at the time training begins and at least 4 cases to finish the process. Participants must be willing to commit to 8+ hours of didactics, year-long video conferencing consultation, video-review process, and assisting one therapist to graduate one PCIT case.

**Content Level:** Advanced

**Time:** February 28:  
2:00pm-6:00pmEST; February 29:  
1:00pm-5:00pmEST

**Location:** Virtual

**Dates:** February 28 & 29, 2024

**Cost:** \$1700, which includes 8+ hours of didactics plus the year of monthly case consultation and required session reviews.



### By the End of WAT training you will be able to...

1. State the methods by which therapist competencies in coaching will be evaluated.
2. Demonstrate the ability to calculate the percent reliability between trainer and trainee DPICS coding.
3. Effectively score an integrity checklist to ensure fidelity to the PCIT protocol.
4. List two different schedules for structuring a therapist training.
5. Accurately state the PCIT International criteria to become both a Certified Therapist and a Within Agency Trainer.
6. Apply at least two cultural considerations for increasing engagement with diverse families.





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8 PCIT and Psychologist CEs pending approval from PCIT International.

This activity is pending approval from the National Association of Social Workers.

\*\* CEs are NOT awarded for breaks, homework, or any other asynchronous learning conducted as part of this training \*\*



### Course Description

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- Within-Agency Trainers offer a unique training experience to their trainees by use of the “co-therapy” model, which allows trainees to learn PCIT during actual sessions with the Within-Agency Trainer.
- This program will emphasize the ability of the Within-Agency Trainer to structure training for their therapists-in-training, including timing of didactics and co-therapy.
  - Participants will practice techniques for developing coaching skills in their trainees through both didactics and in-session coaching.
  - Fidelity to the PCIT protocol will be emphasized throughout the training, including assessment of their trainees’ adherence to fidelity using the integrity checklists within the protocol.
  - Participants will practice assessing trainee competencies, including calculating their trainees’ DPICS coding reliability.
  - Trainee assessment will also focus on tracking competencies on a training tracker, including CDI competency, PDI competency, case graduation, and attendance in didactics and consultation.



## Agenda / Syllabus

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- Introduction & Review of Training Guidelines for Therapists and Within-Agency Trainers (WATers) = .5 hours
- PCIT Trainee Eligibility & Readiness = .5 hours
- Structuring Training & Didactics:
  - Ensuring Systems Are in Place for Trainee Goals = .5 hours
  - PCIT Core Principles, Tracking Trainee Milestones = .5 hours
- Teaching DPICS & Calculating Reliability in CDI and PDI Coding = 1 hour
- Measuring Skills Acquisition in Trainees:
  - Effective Use of a Code the Coach System (e.g., COACH Code, TPICS) = 2 hours
  - Providing Effective Feedback, How to Teach Coaching, & Fidelity in PCIT = 1.5 hours
- Cultural Considerations in PCIT and PCIT Training & Tailoring PCIT Treatment = 1 hour
- Q&A & Wrap-Up = .5 hours



## PCIT Within-Agency Trainer Workshop

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### Accommodations

- Our trainings are designed with accessibility in mind, and in accordance with the ADA of the amended United States Rehabilitation Act.
- We welcome the opportunity to assist with disability accommodations and must be notified of your accommodation request at least 30 days prior to the training to allow for adequate time to meet your request. You
- may request information by emailing [laura.nelson@duke.edu](mailto:laura.nelson@duke.edu).

**PCIT International, Inc. is approved by the American Psychological Association to sponsor continuing education for psychologists. PCIT International, Inc. maintains responsibility for this program and its content.**

**Certificates of Continuing Education will be sent via email after course completion.**

### Limitations/Risks

- The risks associated with this training are low. Most common risks include stress that may occur when attempting to train a trainee to achieve skill competency, which will be guarded against by establishing rapport with trainees and moving at a pace that matches their progress in learning.
- Another common risk is managing the stress that the Within-Agency trainers may experience when their trainee implements coaching of discipline in session with a highly disruptive child. This will be ameliorated through ongoing case consultation between the WATer trainee and their trainer.
- Limitations of the content include limits to the populations that are served through this treatment modality.

### Cancellation / Refund Policy

**If you are no longer able to attend the training, contact the Program Manager, Laura Nelson, at [laura.nelson@duke.edu](mailto:laura.nelson@duke.edu).**

Should a participant wish to file a grievance regarding this continuing education experience, please email [pcit.ce@gmail.com](mailto:pcit.ce@gmail.com) or mail to: PCIT International PO Box 1591, High Springs, FL 32655

When a participant, either orally or in written format, files a grievance and expects action on the compliant, the following actions will be taken:

1. If the grievance concerns a speaker, the content presented by the speaker, or the style of presentation, the individual filing the grievance will be asked to put his/her comments in written format. The Continuing Education Task Force Chair will then pass the comments to the speaker, assuring the confidentiality of the grieved individual.
2. If the grievance concerns a workshop offering, its content, level of presentation, or the setting in which the workshop was offered, the Continuing Education Task Force Chair will mediate and will be the final arbitrator. If the participant requests action, the convention chair will:
  - a. Attempt to move the participant to another workshop or
  - b. Provide a credit for a subsequent year's workshop or
  - c. Provide a partial or full refund of the workshop fee
3. If the grievance concerns the PCIT International Continuing Education Task Force program, in specific regard, the PCIT International President or Advisory Board Chair will attempt to arbitrate.
4. Please contact via email at [pcit.ce@gmail.com](mailto:pcit.ce@gmail.com) or mailing address: PCIT International PO Box 1591, High Springs, FL 32655, to submit a complaint or if you have additional questions.



## Your Instructors

Name	Robin Gurwitch, PhD
Biography	Dr. Robin Gurwitch serves as lead faculty for the PCIT team as a Global Trainer endorsed by PCIT International. She is a professor in the Department of Psychiatry and Behavioral Health Sciences at Duke University Medical Center.
Teaching Style / Unique Additions to the Curriculum	Dr. Gurwitch has helped to develop PCIT adaptations for use with different populations, including military families.
Disclosures & Commercial Support	N/A

Name	Erika Wray, LCSW
Biography	Erika Wray is a Regional Trainer endorsed by PCIT International. She is a licensed clinical social worker at CCFH.
Teaching Style / Unique Additions to the Curriculum	Erika's interests lie in serving families with young children, children in the foster care system, and children on the autism spectrum. Before joining the team at CCFH, Erika was part of the Foster Care Unit at the Durham County Department of Social Services.
Disclosures & Commercial Support	N/A



## Your Instructors

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Name	Darden White, LCMHCS
Biography	Darden White is a Regional Trainer endorsed by PCIT International. She is a licensed clinician at CCFH. Darden primarily provides services and trains therapists to provide services to traditionally underserved populations.
Teaching Style / Unique Additions to the Curriculum	Darden's interests lie in providing therapeutic interventions to children with sexualized behaviors and applying PCIT to children on the autism spectrum.
Disclosures & Commercial Support	N/A