



# Become a PCIT

## Therapist!



## Parent Child Interaction Therapy Training: An Initial 7-Day Training (Cohort 21) with CCFH includes:

- A four-day workshop covering the basics of PCIT with a focus on the first phase of treatment, Child Directed Interaction (CDI).
- A three-day workshop scheduled three to four months after the initial workshop, reviewing CDI skills, but focusing on the second phase of treatment, Parent Directed Interaction (PDI).
- A Senior Leader track designed to enhance successful implementation and sustainability.
- Biweekly consultation calls for one year.
- Faculty review of at least 6 clinical sessions.

Through a combination of didactics, highly interactive activities, role plays, skills practice, and discussion, participants will learn about the theoretical foundations of PCIT, the PCIT coding system, and all elements of both phases of PCIT (CDI and PDI). Participants are expected to demonstrate mastery of specific DPICS, CDI and PDI skills by the end of the entire workshop.

### APPLICATION AND COST

**Applications for this training cohort are due August 14, 2023**

An application must be completed by each interested clinician *and* a Senior Leader from each agency

\$1,500 per NC-based clinical trainee\*

\$4,700 per non-NC-based clinical trainee for all Cohorts

*\*This special subsidized price is available for clinicians participating in NC. Funding for NC-based clinicians is made possible by The North Carolina Child Treatment Program.*

*Application and participation criteria are described on page 2*

### TRAINING DATES

Center for Child & Family Health  
Durham, NC

#### COHORT 21

September 18-21, 2023

*and*

January 9-11, 2023

Optional CARE Training\*

Date TBD

\*additional cost

*Training complies with PCIT International certification standards and will be delivered virtually on alternative dates if necessary.*



**[CLICK HERE](#) to**

**Apply Today!**

**Or contact our training team with questions.**



**CENTER FOR  
CHILD & FAMILY  
HEALTH**

# Fundamentals Training

PCIT is an evidence-based, specialized behavior management program designed for families with young children experiencing behavioral and/or emotional difficulties. PCIT teaches caregivers to manage their child's behaviors, while focusing on increasing their positive behaviors. A PCIT therapist works with the child and caregiver(s) together to improve overall behavior and reduce parenting stress. A strong body of research supports the effectiveness of PCIT in the treatment of child disruptive behaviors with growing support for its use with families who have a history of child maltreatment and trauma.

To improve the longevity of successful PCIT programs, we believe that a strong infrastructure is imperative in addition to clinical training. As such, we offer a Senior Leader track designed to assist agency leaders in developing strategies to support the effective implementation and/or expansion, as well as the sustainment of their PCIT program. A Senior Leader is an administrator or upper-level supervisor who has the authority to make key decisions or changes that may significantly improve successful implementation of PCIT within the agency. Senior Leader training dates and requirements will be announced to selected agencies and will take place during the fact to face clinician training days.

## WHO CAN PCIT HELP?

Children ages 2 ½ to 6 who display any or all of the following\*:

- Relational problems with parent/caregiver
- Difficulty in childcare/school settings
- Refusal/defiance of adult requests
- Easy loss of temper
- Purposeful annoyance of others
- Property destruction
- Frequent fights and/or aggression toward others
- Difficulty staying seated
- Difficulty playing quietly
- Difficulty taking turns

*\*Includes when these behaviors are due to stressful or traumatic events.*

## TRAINING OUTCOMES

Upon completion participants should be able to:

1. Identify and describe the theoretical constructs of PCIT.
2. Identify and describe the assessment and intake procedures for PCIT.
3. Demonstrate 80% coding reliability with trainers with the DPICS-IV Coding System.
4. Demonstrate PDI coding skills.
5. Identify and describe the CDI components of PCIT.
6. Identify and describe the PDI components of PCIT.
7. Demonstrate mastery in the CDI and PDI skills.
8. Identify and describe at least 3 CDI and 3 PDI coaching strategies.

## APPLICATION & PARTICIPATION CRITERIA (FOR CLINICIANS)

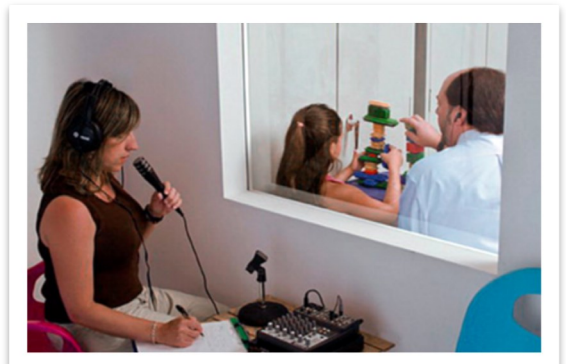
**Fundamentals training is intended for therapists new to PCIT.** Participants must have a masters degree or higher in a mental health field and be independently licensed or license-eligible as a mental health provider.

**In order to successfully complete training,** clinicians must:

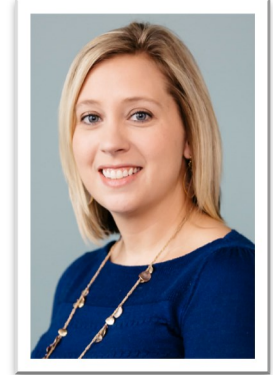
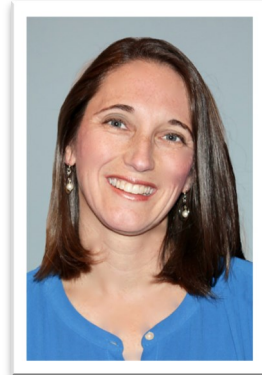
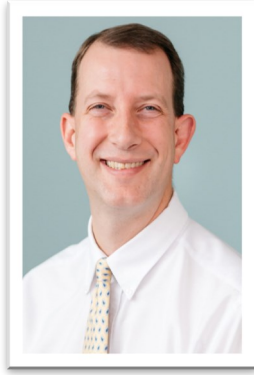
- actively participate in all seven days of training,
- actively participate in at least 80% of consultation calls,
- submit satisfactory videos for review by faculty, and
- successfully complete two clinical cases to graduation while under consultation.

**Upon successful completion of all training requirements,** clinicians will be added to the [NC CTP Roster](#) and will be eligible for national certification through PCIT International.

**In the event of a competitive applicant pool,** agencies sending 2 or more clinicians and a senior leader will be prioritized for this training opportunity.



# Meet Your Training Team



**DR. ROBIN GURWITCH, PHD**

Dr. Robin Gurwitch serves as lead faculty for the PCIT team as a Master Trainer endorsed by PCIT-International. She is a professor in the Department of Psychiatry and Behavioral Health Sciences at Duke University Medical Center. Dr. Gurwitch has helped to develop PCIT adaptations for use with different populations, including military families. Her clinical and research interests include PCIT, trauma and disasters, resilience, and military families.

**DR. GEORGE AKE, PHD**

Dr. George Ake is a Level II trainer endorsed by PCIT-International. He is an Assistant Professor in the Department of Psychiatry and Behavioral Health Sciences at Duke University Medical Center and an Adjunct Assistant Professor in the Department of Psychiatry in the UNC-Chapel Hill School of Medicine. His clinical and research interests lie in trauma, interpersonal violence, and trauma-informed child welfare practice.

**ERIKA WRAY, LCSW**

Erika Wray is a Level II trainer endorsed by PCIT-International. She is a licensed clinical social worker at CCFH. Before joining the team at CCFH, Ms. Wray was part of the Foster Care Unit at the Durham County Department of Social Services. Her interests lie in serving families with young children, children in the foster care system, and children on the autism spectrum.

**DARDEN WHITE, LPC**

Darden White is a Level I trainer endorsed by PCIT-International. She is a licensed clinician at CCFH. Ms. White primarily provides services and trains therapists to provide services to traditionally underserved populations. Her interests lie in providing therapeutic interventions to children with sexualized behaviors and applying PCIT to children on the autism spectrum.

**LAURA NELSON**

Laura Nelson is the Program Manager and Improvement Advisor for PCIT and CARE at CCFH. She has previously served as a direct services practitioner working with families experiencing domestic and sexual violence, and is finishing her Master of Youth, Family, and Community Sciences degree. Her interests lie in supporting children and youth who are surviving trauma as they find pathways to hope and healing.



# Training Logistics

## PCIT FUNDAMENTALS APPLICATION & TRAINING – IMPORTANT DATES

<b>March 2023</b>	Cohort 21 Application opens
<b>Summer 2023</b>	Information Calls
<b>August 14, 2023</b>	Application deadline (acceptances sent on rolling admission)
<b>Aug/Sept, 2023</b>	Notification of acceptance
<b>TBD</b>	Virtual site visits/"Space and Tech" consultation to accepted agencies
<b>September 18-21, 2023</b>	<b>In-Person Learning Session 1</b>
<b>January 9-11, 2024</b>	<b>In-Person Learning Session 2</b>
<b>TBD</b>	<b>Optional in-person CARE &amp; CARE Facilitator Training</b>
<b>October 31, 2024</b>	Learning Collaborative Ends- Trainees who have completed requirements apply for PCIT Certification

### INFORMATION CALLS

The Center for Child & Family Health PCIT Training Team will offer Information Calls for clinicians and agencies interested in learning more about PCIT, the training process, and the application. Information Calls will be scheduled in the fall. Participation is optional; choose the date/time that works for you. If you would like to participate, email Laura Nelson (laura.nelson@duke.edu) and she will forward you information to connect.

### TRAVEL & ACCOMMODATIONS

Travel arrangements and costs are the responsibility of the agency or clinician. Selected participants will receive travel information, including accommodation recommendations, with their acceptance notification. Our facility is wheelchair accessible. Please identify any additional accommodations you need, including those required for a disability, in your application. We will make every effort to meet your needs. Please [refer to the supplemental policies](#) for information on policies regarding ADA requests, grievances, and cancellations. We will make every effort to meet your needs.

### CONTINUING EDUCATION CREDIT

**PCIT Fundamentals training is offered for 40 CEUs for psychologists and PCIT Therapists (pending approval from PCIT International).** Certificates will be emailed within 90 days of the second in-person learning session. Partial credit will not be offered. There is no commercial support for this CE program.

*PCIT International, Inc., is approved by the American Psychological Association to offer continuing education for psychologists. PCIT International maintains responsibility for this program and its content. If you have concerns about a speaker or workshop offering please contact the PCIT International Continuing Education Task Force Program at [pcit.ce@gmail.com](mailto:pcit.ce@gmail.com) or mailing address: 22713 NW 191st Lane, High Springs, FL 32643*

### QUESTIONS?

Contact Laura Nelson with questions or for help related to the application or training program (e.g. grievance, refund, and ADA procedures).

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[www.ccfhnc.org/pcit](http://www.ccfhnc.org/pcit)



The **Center for Child & Family Health** is committed to defining, practicing, and disseminating the highest standards of care in treating and preventing childhood trauma. For more than 20 years, CCFH has worked at the intersection of academic research, evidence-based practice, and community impact.