Mini-Conference #5
Looking Inward to Living Outward: Journey from Self-Reflection to Values-Driven Action in our Organizations
Friday, April 8, 2022 | 10am-12pm

How do our lived experiences impact our view of ourselves, others, and the world around us? How can we use this awareness within our systems to build and support equitable trauma-informed communities? In this mini-conference, we’ll explore the answers to these questions through awareness-building, tools, and concepts; including cultural humility and the “invisible suitcase”. We will discuss how these tools can drive culture change within institutions and describe specific practices that institutions can use to support community-led efforts. Join us on a journey from self-reflection to institutional awareness.

Learning Objectives

By the end of the virtual mini-conference, participants will be able to:

- Understand the concept of cultural humility to build awareness in ourselves, in our approach with others, and in our organizations
- Describe ways in which institutions and those that work in them can support community-driven approaches
- Apply a personal wellness strategy as an act of healing and resistance

Date & Time
Friday
April 8, 2022
10am-12pm

Virtual via Zoom
Register at:
https://bit.ly/3ITcJOS

Participation is free and open to communities in Cabarrus, Caldwell, Chatham, Edgecombe, New Hanover, Pitt, and Wilson counties.

For questions related to this training, please contact Jordan Hanna at jordan.hanna@duke.edu

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