

# Something happened to my child... Now What?

## Online Parent Information & Support Group



We are offering a free group for those parenting children and teens who experienced traumatic, scary, or challenging life events, such as:

- Sexual abuse
- Physical abuse
- Neglect
- Witnessing domestic violence
- Death/incarceration/serious illness of a caregiver
- Foster care placement
- Community violence

*This group is not intended for those parenting children whose biggest concern is divorce/separation.*

We will provide support and practical tips to answer your questions, like:

*Should kids talk about what happened to them?*

*Are my child's challenging behaviors connected to their experiences?*

*How can I help?*

And you can connect with other parents going through this, too. Our team specializes in trauma-informed care for these situations.

**Join us at one of our bi-weekly meetings on Wednesdays at 7:30pm  
via Zoom at <https://duke.zoom.us/j/92516043359>**

November 3

November 17

December 1

December 15

*After December 15, meetings will resume in January 2022*



**Register at <https://bit.ly/ccfhNW21>**

Registration is encouraged. For questions, please contact  
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