MOVING TOWARD HEALING

RACIAL EQUITY AS FOUNDATIONAL TO TRAUMA-INFORMED COMMUNITIES IN NORTH CAROLINA

KEYNOTES

ERNESTINE BRIGGS-KING, PHD

Associate Professor & Director of Diversity, Equity & Inclusion, Duke Psychiatry and Behavioral Sciences

KIM PEVIA

Founder, KAP Inner Prizes

Racial equity is more than a "line item" and is essential to all trauma-informed communities work. Join us to learn more about community-driven approaches that build mutually beneficial relationships within and across communities, authentically share power with partners, and use storytelling to address racial, historical, and community trauma in North Carolina. This will be a brave space to deepen awareness, promote action, and celebrate the impressive trauma-informed work of seven counties from across the state.

PANELISTS

JUSTIN J. ADAMS, PHD

Assistant Professor of Counselor Education and Supervision, NC A&T University

ANTHONY ANDREWS, PHD, LCMHC-S,LCAS, CRC

Assistant Professor of Rehabilitation Counseling, The University of the District of Columbia Co-owner, Andrews Counseling & Consulting, PLLC

KAREN BARBEE, EDD, LCMHCS, LCAS

Owner & Clinical Director Renaissance Wellness Services, LLC

This summit may be of particular interest to child and family service providers in these systems:

MENTAL HEALTH
MEDICAL
COURTS
JUVENILE JUSTICE

SCHOOLS
EARLY CHILDHOOD
FAITH COMMUNITIES
& MORE

A SUMMIT FOR NORTH CAROLINA COMMUNITIES

JUNE 16, 2021
9:00AM-3:00PM

FREE & OPEN TO THE PUBLIC

REGISTER AT HTTPS://BIT.LY/3fbsjs1

SUMMIT SCHEDULE
JUNE 16, 2021
9:00AM-3:00PM

9:00 AM **WELCOME**

9:15 AM **KEYNOTE**
ERNESTINE BRIGGS-KING, PHD
Healing the Wounds of Racism & Racial Trauma

How do we begin to heal the grief, loss, and pain caused by racism and racial trauma? How do we promote resilience and recovery? Join us as we explore strategies to heal as we strive toward racial equity in our systems and communities.

10:20 AM **SESSION**
Approaching Racially Equitable Trauma-Informed Healing Work in North Carolina: The Trauma-Informed Communities Project

Every community has different strengths, priorities, and approaches to addressing specific community goals. This discussion highlights foundational values and approaches for engaging in racially equitable, trauma-informed communities' work learned through three years of community collaboration in the NC TIC Project.

11:00 AM **PANEL DISCUSSION**
The Healing Work: Addressing Racial Trauma through Community Healing

JUSTIN J. ADAMS, PHD
Integrating Expressive Arts Counseling with Black/African American Families
This presentation will explore counselors' use of music therapy, art therapy, and bibliotherapy with Black/African American youth and families as an alternative to traditional talk therapy.

ANTHONY ANDREWS, PHD, LCMHC-S, LCAS, CRC
Creating and Maintaining Safe Spaces for Black Clients
This presentation will highlight the importance of multicultural awareness and implicit bias training for mental health professionals, and will also address what steps non-Black therapists can take to create and maintain safe spaces for Black clients.

KAREN BARBEE, EDD, LCMHCS, LCAS
Racial Trauma Through the Lens of School- and Community-based Mental Health Services
This presentation will explore racial trauma in the school setting, and the positive impact that co-located mental health services can have working collaboratively in schools with faculty and students of color.

12:30 PM **LUNCH & WELLNESS BREAK**

1:00 PM **KEYNOTE**
KIM PEVIA
Story Circles: Beyond the Head Space into the Heart Space

A guided seminar for listening and sharing in equitable ways to build relationship in communities that are impacted by trauma.

2:00 PM **SESSION**
Stories of Change from Seven NC Communities

Celebrate along with and learn from the seven communities involved in supporting trauma-informed care and racial equity efforts during the NC TIC Project. Community members will reflect on their work and lessons learned while promoting and sustaining trauma-informed practices across child and family service systems.

3:00 PM **CLOSE**