

JESSICA D. BURCH, MSSA, LCSW

1121 W. Chapel Hill St. Durham, NC 27701,

Office: 919-385-0775

Education

Master of Science in Social Administration, Case Western Reserve University, Cleveland, OH, (May 2010)
Concentration in Child and Adolescent Mental Health *summa cum laude*
Dean's Scholar, Mandel School of Applied Social Services (Fall 2008- May 2010)

Bachelor of Science, University of Pittsburgh, Pittsburgh, PA, (April 2008) *magna cum laude*
Major: Applied Developmental Psychology, Minor; Theater

Licensure, Licensed Clinical Social Worker, North Carolina (November 2012-Present)

Work Experience

Mental Health Clinician, Center for Child and Family Health, Durham NC, (September 2015-Present)

- Implemented evidence-based Trauma-Focused Cognitive Behavioral Therapy, Parent-Child Interaction Therapy, Attachment and Regulation Competency Framework, and trauma-informed treatment to 15-20 children and their families weekly
- Completed diagnostic, clinical, and trauma assessments for children, families, and adults seeking therapeutic services weekly
- Provided adoption competent treatment to pre-and post-adoptive families to promote placement stability for children
- Received daily individual and group supervision with a multidisciplinary team of mental health providers
- Coordinated with local social-service agencies and community resources to provide adequate case management
- Provided court testimony and supplemental court documents for children and families needing representation in legal proceedings
- Co-Facilitated Post-Adoption Leaf Group curriculum to facilitate better communication amongst adoptive families
- Supervised masters level students in treating children and families with adverse childhood experiences

Therapist, Carolina Outreach, Durham NC (April 2013-September 2015)

- Provided evidence-based therapeutic interventions as well as case management services in an Outpatient Therapy setting for up to 35 children, families, and adults in Durham County
- Completed diagnostic, clinical, and trauma assessments for children, families, and adults
- Planned and facilitated weekly Dialectical Behavioral Therapy interventions according to the model for adults diagnosed with Cluster B or Borderline Personality Disorder on a weekly basis
- Planned and Facilitated weekly DBT group for 10-15 adult DBT client's per week using DBT curriculum

JESSICA D. BURCH, MSSA, LCSW

1121 W. Chapel Hill St. Durham, NC 27701,

Office: 919-385-0775

Therapist, Beech Brook, Cleveland, OH (May 2010-November 2012)

- Worked as a licensed Therapist providing individual and family format interventions as well as case management services for up to thirty families at a time in the Cleveland Metropolitan School District and in the surrounding community
- Developed and facilitated a monthly anger management group for ten to fifteen at-risk adolescents
- Worked as a mentor in Project Stride to stabilize at risk children through therapeutic community experiences
- Developed and implemented a summer school curriculum for severely emotionally disturbed youth
- Provided behavioral interventions for severely emotionally disturbed youth using the teaching family model in a residential setting

Presentations and Training Projects

Trauma Focused Cognitive Behavioral Therapy Learning Collaborative; Durham, NC

North Carolina Child Treatment Program; Clinical consultant for clinician trainees to increase TF-CBT fidelity and clinical competence

Consultant, 2019-Present

5th Annual Post Adoption Parent Conference, Raleigh and Pinehurst, NC

Resilience, Promoting Healthy Futures; "Parenting with an Open Heart"

Keynote, 2019

UNC, School of Social Work, Chapel Hill, NC

"Intro to TF-CBT- An in-depth case study using the Model and accompanying therapy interventions"

Guest Speaker, 2018

Central Carolina Black Nurses Council, Durham NC,

"The impact of Domestic Violence on the Mental and Physical Health of Black Families"

Presenter 2016

Post Graduate Educations & Trainings

Community Resiliency Model (CRM); Teacher Training, Raleigh NC 2018-Present

Trauma Resource Institute, Trainer: Mike Sapp and

Attachment, Regulation, & Competency (ARC) Training, Durham, NC 2018 -Present

Trainer: Dr. John Ebert, Pys.D

Parent Child Interaction Therapy; Training and Rostered 2018- Present

Center for Child and Family Health, Trainer; Darden White, LPC

Trauma-Focused Cognitive Behavioral Therapy Learning Collaborative, Training and Rostered 2014-Present

North Carolina Child Treatment Program, Cohort 8

Dialectical Behavioral Therapy, Durham NC

Carolina Outreach, twenty-three initial hours and weekly supervision

2012-2014