

## **Education**

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<b>Frontier Nursing University- Hyden, KY</b> Master of Science in Nursing- Midwifery Honors: Cum Laude	2010-2013
<b>University of Michigan- Ann Arbor, MI</b> Bachelor of Science in Nursing Honors: Cum Laude	2004-2008

## **Experience**

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### **Family Connects, Durham, NC**

**Lead Nurse Trainer** **July 2019 – Present**

- Nurse trainer for the dissemination of the Family Connects program
- Provides nurse home-visits for families with newborns
- Completes on-site audits for quality assurance and regular consultations

### **University of North Carolina Women’s Hospital, Chapel Hill, NC**

**Manager, Labor & Delivery** **Sept 2014– Nov 2018**

- 24/7 responsibility for level III Labor and Delivery unit averaging 3700 births/year
- Managed unit operations including budget, supplies, payroll Responsible for over 63 FTEs including onboarding, retention, and performance evaluation
- Assured standards and designations were upheld including Joint Commission, Magnet, and Baby Friendly
- Oversaw increase in epidemiology compliance 12%, decrease in staff vacancy rate 18% ; and leadership team growth 43%
- Tracked and improved patient outcomes, national bench-marking, and department statistics
- Implemented practice changes including family-centered cesarean, safety huddles, and bedside report
- Preceptor for nursing leadership students
- Led and participated in quality projects including:
  - KaizanGreen Belt to improve perinatal safety and unit safety culture
  - PQCNC initiatives: preventing neonatal hypoglycemia resulting in decrease in neonatal intensive care unit admissions; implementation of postpartum hemorrhage protocol; appropriate and timely treatment of hypertension
  - Development and Implementation of ‘OB Fast Team’ rapid response
  - Restructured orientation process to streamline on-boarding
- Interim Manager, High-Risk Antepartum, (Nov 2016-Sept 2017)

### **Genesys Regional Medical Center, Grand Blanc, MI**

**Assistant Manager, Labor & Delivery, Postpartum** **Mar 2013 – Oct 2014**

- Evening management support for labor and delivery, and postpartum units
- Composed, updated, and implemented policies and procedures to support evidence-based care
- Monitored treatment and outcomes and reported cases for quality review
- Implemented practice changes including skin-to-skin for vaginal and cesarean deliveries

### **Macomb Community College, Clinton, MI**

**Instructor Maternal/Child Nursing** **Jan 2013- May 2013**

- Managed student's clinical experience in obstetrics and postpartum care

### **University of Wisconsin Midwives, Madison, WI**

**Student Nurse Midwife** **April 2012 - Oct 2012**

- Performed midwifery skills under the supervision of a Certified Nurse Midwife

- Provided care throughout the lifespan including: contraception counseling, gynecology, primary care, pregnancy, birth, and menopause
- Triage patients, attended and managed births in a hospital setting
- Supported alternative birth methods including water birth

### **Madison Birth Center, Middleton, WI**

#### **Associate Director**

**Dec 2011 – Oct 2012**

- Maintained standards of care for Commission for the Accreditation of Birth Centers (CABC) by ensuring up-to-date policies and procedures, appropriate risk-assessments, and compliance with safety and inspections of facility and supplies.
- Quality control administration: monitored compliance in OSHA, HIPPA, performed chart audits and case reviews
- Director of childbirth education: Developed curriculum, provided training, managed registration and payments, developed marketing for new clients
- Maintained and improved public relations and provided community education of midwifery care to the public health department, local physicians, and businesses

#### **Registered Nurse & Quality Control Administrator**

**Mar 2010 - Dec 2012**

- Assisted midwives by providing prenatal, intrapartum, and postpartum care
- Provided postpartum home visits at 24 and 72 hours postpartum to evaluate health of mother and newborn and performed tests/screenings

### **DONA International/Beautiful Birth LLC, Madison, WI**

#### **Certified Doula**

**June 2007 - Oct 2012**

- Provided Birth and Postpartum support and private childbirth classes for nearly 150 families

### **University of Wisconsin Health System, Madison, WI**

#### **Registered Nurse**

**Aug 2008 – Mar 2010**

- Provided bedside nursing care in Level 1 Trauma Center Emergency Department

## **Research and Publications**

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#### **Wisconsin Journal of Medicine**

**2013**

*An economic model of the benefits of professional doula labor support in Wisconsin births.* 112(2) 58-64.

#### **Circumcision: Challenging a social norm.**

**2008**

Independent Study/Research Project, University of Michigan-Ann Arbor

## **License / Certification / Awards**

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- American Midwifery Certification Board
- Registered Nurse
- Basic Life Support
- Advanced Cardiac Life Support
- Neonatal Resuscitation
- Program Fetal Monitoring
- Behavioral Based Interviewing
- "Police Service Award," Gainesville Police Department, FL. Recognized for performing CPR in the community (2014)
- "The Michigan Difference Award," University of Michigan, Recognized for performing CPR in the community (2008)
- "Dorothy Salibedien Donabedian Award," University of Michigan, Nomination for excellence in Community Health Nursing (2008)

## **Presentations & Activism**

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**Wall Street Journal- Interview**

**2016**

Provided information for published article “A C-Section Designed for Mother-Baby Bonding”

**Community Health Center- Education** 2016

Provided information and simulations of precipitous deliveries to care providers in local health departments

**Back to Basics- A case for physiologic birth - Presentation** 2013, 2014, 2015

*Design, implementation, and delivery*

AWHONN Conference -44th Annual NC Section Conference, Cary, NC.

Maternal Newborn Nurse Professional Annual Consortium, Plymouth, MI.

Maternal Newborn Nurse Professionals, Grand Blanc, MI.

**Supporting the Laboring Woman- Presentation** 2011, 2012

*Design, implementation, and delivery*

**Wisconsin’s Healthiest Women’s Initiative- Committee Member** 2011

Served on planning committee to develop goals and methods to improve overall health of women and improve birth outcomes.

**International Volunteer- Otavalo, Ecuador & Quito, Ecuador** 2010

Assisted with opening a birth room and postpartum room in a community clinic

**Alliance Health- Education** 2010

Provided information on midwifery care to mothers in drug/alcohol recovery program

**Catherine Ferguson Academy- Volunteer** 2007

Provided education on pregnancy and parenting to adolescent mothers

**Center for Childbearing Year- Volunteer Doula** 2006 -2008

Provided labor and postpartum support for low-income women

## **Continuing Education**

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- AWHONN- Labor Management
- Duke Behavioral Science (Brian Sexton)- Positivity and Resilience
- Healthcare Leadership Seminar
- Maternal-Newborn Nurse Professionals- Tobacco treatment in pregnancy
- Rebozo Technique for labor support
- American College of Nurse Midwives Annual Conference
- American Association of Birth Centers: How to Start a Birth Center Workshop

## **Interests**

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Volleyball, rock climbing, camping, hiking, board games