

CURRICULUM VITAE

MARY HELEN WISE, MSW, LCSW, PHD CANDIDATE

Clinical Faculty & Bilingual Therapist—NC Child Treatment Program
Licensed Clinical Social Worker (LCSW) in North Carolina, License # C007803

Employment Information

Center for Child and Family Health
1121 W. Chapel Hill St. Suite 100, Durham, NC 27701
919-385-0768
mary.wise@duke.edu

Language Skills

Fluency in Spanish

Education

- PhD Candidate, Smith College School for Social Work
- Masters of Social Work, 2010, University of North Carolina at Chapel Hill, concentration in Clinical Practice
- Bachelor of Arts, 2003, Davidson College, NC

Certifications, Rosters and Honors

- 2016 DC:0-5™ Expert Faculty roster
- 2015 NC Roster in Trauma-Focused Cognitive Behavioral Therapy
- 2014 NC Roster in Child-Parent Psychotherapy, Supervisor
- 2014 NC Registered Supervisor for Clinical Social Work

Post Graduate Education and Training

- 2016 DC:0-5™ Expert Faculty Training of Trainers; Zero to Three; Tulane University
Trainers: Charles Zeanah, MD, Alice Carter, PhD, Mary Margaret Gleason, MD, Kathy Mulrooney, MA, LPC
- 2016 CARE training; Center for Child and Family Health; Duke University
Trainer: Robin Gurwitch, PhD
- 2015 Reflective Supervision; ChildFirst
Trainers: Darcy Lowell, MD, Salam Soliman, PsyD, Jessica Mayo, PhD
- 2015 Grief Informed Foundations of Treatment; National Center for Child Traumatic Stress Network
Trainers: Chris Layne, PhD, Julie Kaplow, PhD
- 2014 Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) Learning Collaborative; NC Child Treatment Program
Trainers: Lisa Amaya-Jackson, MD, MPH, Donna Potter, LCSW, Leila Keen, LCSW
- 2014 Child-Parent Psychotherapy Learning Collaborative; NC Child Treatment Program
Trainers: Donna Potter, LCSW, Jody Todd Manly, PhD, Jessica Lertora, LCSW
- 2013 Child-Parent Psychotherapy; 18-month individual training
Trainer: Donna Potter, LCSW
- 2012 Structured Psychotherapy for Adolescents Responding to Chronic Stress Learning Collaborative; Duke University
Trainers: Ernestine Briggs-King, PhD, Eboni Lanier-Jones, LCSW, Donna Newberne,

- 2011 LPC
Trauma-Focused Cognitive Behavioral Therapy
Learning Community; Duke University
Trainer: Donna Potter, LCSW
- 2010 Motivational Interviewing
Trainer: Worth Bolton, PhD

Employment History

Center for Child & Family Health (CCFH), *Bilingual Clinical Social Worker*; Durham, NC

January 2015 - present

Clinical Faculty, North Carolina Child Treatment Program (NC CTP)

- Collaborate with Lead Faculty, Donna Potter, LCSW, to plan and co-facilitate 18-month learning collaboratives in Child-Parent Psychotherapy.
- Provide bi-weekly individual reflective consultation to participants of CPP learning collaboratives, supporting their development of competency and fidelity in the model.
- Provide weekly reflective supervision to early childhood mental health clinicians at CCFH who are conducting Child-Parent Psychotherapy.
- Provide clinical and administrative supervision to MSW student interns.
- Provide consultation and post-graduate support to early childhood mental health clinicians rostered in NC through Learning Collaboratives with NC CTP.
- Co-develop Clinical Supervisor Training Track for participants of Learning Collaboratives, particularly focused on teaching reflective supervision.
- Develop and facilitate trainings for community providers related to early childhood mental health. Topics include: Trauma-Informed Organization; The Impact of Trauma in Early Childhood; Reflective Supervision; Safety and Ethics in Home Visiting.
- Collaborate as a research team member for the Cognitive Interviewing for the Child and Adolescent PTSD Checklist for the DSM-5 Research Study. Conduct interviews and analyze data.

June 2014 - July 2015

Bilingual Mental Health Clinician, Clinic

- Provided comprehensive psychosocial clinical and diagnostic evaluations using DC: 0-5 and DSM-5.
- Collaborated with multi-disciplinary treatment team to determine most appropriate treatment recommendation.
- Provided evidence-based mental health treatment to caseload of 15-20 young children recovering from trauma.
 - Treatment modalities: Trauma-Focused Cognitive Behavioral Therapy and Child-Parent Psychotherapy.
 - Languages: English and Spanish
- Provided on-call crisis coverage.
- Maintained appropriate documentation.
- Collaborated with courts, schools, and division of social services as needed to best support child and family outcomes.
- Provided clinical and licensure supervision to MSW student interns and provisionally licensed staff.

February 2013 - June 2014

Bilingual Mental Health Clinician, Healthy Families Durham Program

- Provided trauma assessments using DC: 0-3R and DSM-IV / DSM-5, and conducted trauma-focused treatment with young children and their caregivers in home. Treatment modality: Child-Parent Psychotherapy. Languages: English and Spanish.
- Conducted Parents as Teachers curriculum in home visiting with children 0-3.
- Designed and facilitated monthly Spanish-speaking support group for mothers of infants and young children.
- Provided twice-weekly clinical supervision to MSW intern.
- Provided on-call crisis coverage.

Carolina Outreach, LLC, *Clinical Social Worker*; Durham, NC

July 2010 - February 2013

Bilingual Mental Health Clinician, Intensive In Home Team Lead

- Provided comprehensive clinical and diagnostic assessments.
- Served as Intensive In Home Team Lead, supervising and coordinating treatment team and services provided to families from intake to discharge.
- Provided trauma-informed clinical treatment to caseload of up to eight IHH clients concurrently. Employed TF-CBT treatment modality, as well as CBT and MI. All clients were Spanish-speaking.
- Provided clinical supervision to MSW intern.
- Facilitated 16-week therapy group. Employed SPARCS model.

Significant Invited Presentations

- *DC:0-5*. Greenville, NC; 2017. Lawrenceburg, IN; 2017. Oklahoma City, OK; 2018. Miami, FL; 2018.
- *Overview of DC:0-5*. NC Infant Mental Health Conference. 2017.
- *Assessment and Diagnosis in Early Childhood*. NC Child Treatment Program, Learning Collaboratives. 2016-2018.
- *Case Conceptualization and Treatment Planning*. NC Child Treatment Program, Learning Collaboratives. 2016-2018.
- *Child Traumatic Grief*. NC Child Treatment Program, Learning Collaboratives. 2016-2018.
- *Building Culturally Responsive Practice*. NC Child Treatment Program, Learning Collaboratives. 2016-2018.
- *Trauma Informed Systems*. NC Partnership to End Homelessness. 2017.
- *Child Trauma, ACEs, and Toxic Stress*. Advisory Board for the NC Infant Toddler Program. 2016.
- *Impact of Trauma*. United States Committee on Refugees and Immigrants. 2016.
- *Impact of Trauma on Young Children's Development Across Domains*. Week of the Young Child Annual Conference. NC Children and Family Resource Center. 2016.
- *Sexualized Behaviors in Children Ages 0-5 Years*. Healthy Families Durham. 2015.
- *Safety, Family Engagement, and Ethics in Home Visiting*. Child-Parent Psychotherapy Learning Collaborative. NC Child Treatment Program. 2015.